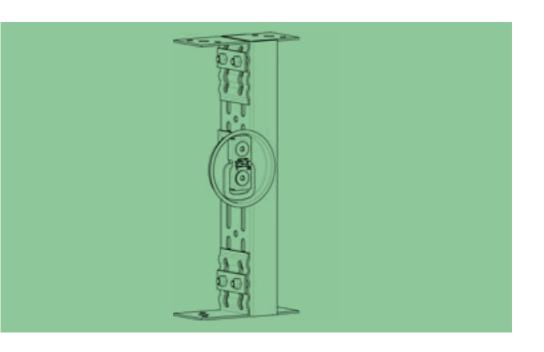


MARK Secure 1 Instruction manual

Anchor point for drywall wall & attachment shell socket installation Anchor device type A according to EN 795:2012



MARK Save A Life GmbH

Gleinkerau 23 4582 Spital am Pyhrn Österreich / Europa Tel +43 7563 8002 - 111 Fax +43 7563 8041 - 111 mark@savealife.at www.savealife.at

English translation of the original German instruction manual Keep for future reference Version 1.2

- Read through the instruction manual carefully before you use this product for the first time.
- Undergo training on the use of this product.
- Check this product for proper function before and after each use.
- Complete the installation report included with the product carefully.
- Always keep the instruction manual, the installation report and the inspection report together with the other relevant product documents for future reference

Do you have questions about this product? Do you have any requests or suggestions? Just give us a call or send us an email!

Customer Service:

MARK Save A Life GmbH

Gleinkerau 23

4582 Spital am Pyhrn

Austria/Europe

Tel.: +43 (0) 7563 8002 111

Fax: +43 (0) 7563 8041 111

mark@savealife.at

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Manufacturer:

MARK Save A Life GmbH

Gleinkerau 23

4582 Spital am Pyhrn

Country of origin: Austria

Dear Customer,

Congratulations on purchasing this product from MARK Save A Life GmbH. We have manufactured and tested this product with the utmost care, keeping to the strictest quality guidelines, and therefore created the basis for safe use. Now it is over to you to make sure it is used correctly.

Activities that require use of this product can often be dangerous. There are also many potential ways of using it incorrectly and it is not possible for us to state them all here or even to come up with an exhaustive list. This instruction manual contains information pertaining to the safety and function of this product and its applications. However, this information is no substitute for experience, personal responsibility and knowledge, nor does it release the user from their own individual risk.

You may only use this product if you are physically and mentally capable of doing so, if you have read and understood this instruction manual and the installation report, and if you have undergone training on the use of the product.

The instruction manual, the installation report and the inspection report are available to download at www.savealife.at.

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1. Legal information

1.1 Declaration of compliance

The manufacturer, MARK Save A Life GmbH, Gleinkerau 23, 4582 Spital am Pyhrn, Austria, hereby declares that the product described below, "MARK Secure 1", complies with the requirements formulated in EN 795:2012 anchor point type A, which is also the subject of the inspection report number ZP/B141/17-R1.

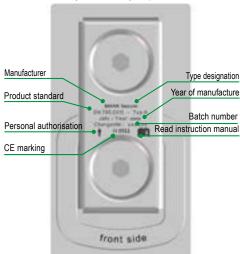
Type approval testing by: DEKRA Exam GmbH, Dinnendahlstraße 9, 44809 Bochum, Germany.

1.2 Labelling

Your product is labelled with a batch number.

Assign your product an inventory number and enter it in the installation report.

Do not remove any labels from your product!



1.3 Exclusion of product liability

We accept no liability for direct, indirect or accidental consequences, nor any type of damage arising from the use of this product or from incorrect information provided by the competent inspector or installation engineer on the installation report or the inspection report.

1.4 Copyright notice

The layout, graphics, pictograms and photographs, as well as all other text and image content found in this instruction manual are protected by copyright.

2. Use

Activities that require use of this product can often be dangerous. Therefore observe the safety notices. Please contact our customer service if you have any doubts or find the information difficult to understand. Ensure that the fall space is calculated so that in the event of a fall you do not hit an obstacle or impact on the floor.

- Protect the product from sharp-edged objects, welding sparks, sources of fire, chemicals, oils, acids etc.
- Draw up a rescue plan that includes the sequence and the execution of rescue measures.

2.1 Intended use

This product may only be used for the purpose described in this instruction manual (see Point 2.1.1) and only in conjunction with tested and approved components. It must not be combined with other components, as this could put your safety at risk. MARK Secure 1 must be used with Knauf system components or with similar products with the same properties.

You may only use this product if you are physically and mentally capable of doing so, i.e., for example, not if you are under the influence of drugs or alcohol, are suffering from mental strain or have other mental or physical impairments. In any case, the intended use as protection against a fall from height requires full physical and mental aptitude.

2.1.1 Purpose of the product as an anchor device according to EN 795:2012 type A

The product may be used within the intended use conditions on the specified wall and attachment shell systems from Knauf Gesellschaft m.b.H., or similar products with the same properties, for the intended purpose as protection against a fall from height.

Note:

This product is an anchor device, the purpose of which is to protect the user from a fall from height, either by preventing a fall (restraint system) or by arresting a free fall (fall arrest system).

The MARK Secure 1 anchor point is intended for use as an anchor device in conjunction with personal protective equipment (PPE) recommended by MARK Save A Life GmbH (retractable fall arrest blocks, safety overalls and connectors from MARK Save A Life).

Classed as tested accessories:	Test standard
Descender and rescue devices	EN 341
Lifting devices	EN 1496
Retractable fall arrest blocks	EN 360
Guided-type fall arresters on	EN 353-2
flexible anchor lines	
Energy absorbers	EN 355
Carabiners	EN 362
Safety harnesses	EN 361
Safety nets	EN 1263
Retractable fall arrest blocks Guided-type fall arresters on flexible anchor lines Energy absorbers Carabiners Safety harnesses	EN 360 EN 353-2 EN 355 EN 362 EN 361

If it seems unsafe to continue using this product, (see Point 8.1) you must not use it again under any circumstances. Before every use of the product, the user must carry out a visual inspection according to Point 7 of this manual to ensure that the product is in serviceable condition.

2.1.2 Use of the anchor point

In order to use the anchor point, the buckle is released from the lock and folded up. The connector of the PPE can be suspended.



1. Move buckle out of lock



Fold up buckle Working position



3. Fold buckle down after use



4. Move buckle into lock

In principle, the load from a fall from height may be in any direction protruding from the wall surface or parallel to the wall

The length of the connector used must be selected so that in each case the possible fall space is free of obstacles. The total position change of the anchor point to be expected in the event of a fall from height (consisting of the deformation of the metal stud partition or attachment shell and the anchor point itself) is a maximum of 15 cm in the event of a vertical load direction parallel to the wall surface

If there is a fall-related load when a person falls vertically to the wall surface (e.g. in the event of an unintentional redirection of the load), it must be anticipated that there will be a total position change of the anchor point (consisting of the deformation of the metal stud partition or attachment shell and the anchor point itself) of a maximum of 15% of the respective wall height.

intended use.

When using the product, the user must be kitted out with equipment that limits the maximum dynamic forces that impact on their body during a fall arrest process to a maximum of 6 kN.

2.2 Service life and duration of use

This product has an unlimited service life. In practice, however, its duration of use depends on several factors.

- Extreme operating conditions, environmental factors, contamination, damage, storage and transport can all reduce the service life of this product.
- The product features a fall indicator, which clearly shows whether the anchor device has been subjected to the stress of a fall and must therefore be disposed of as per Point 8.
- The visual and functional inspection described in Point 7 shows every user whether the anchor device has been deformed by a previous fall and therefore can no longer be used.

If the anchor point buckle will no longer engage easily in its home position or move easily from its home position to its working position, then the anchor device has been deformed by a previous fall and must no longer be used.

2.3 Qualification of persons

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This product may only be used by people who have read and understood this instruction manual, or by people who are being supervised by a trained, skilled person.

2.4. Training

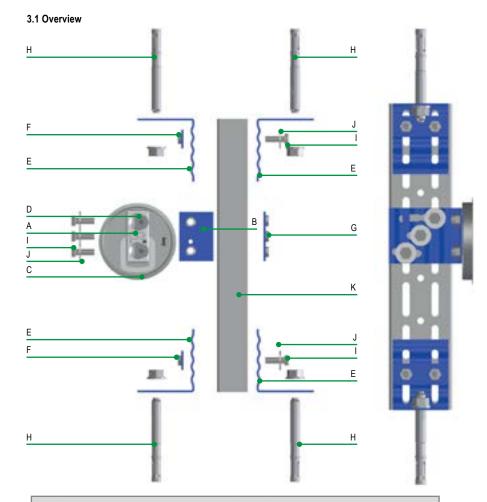
We would be happy to provide you with information about training. If you are interested, please contact us:

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3. Overview, scope of delivery and technical details



3.2 \$	Scope of delivery:		
A	1 x MARK Secure anchor point	Н	4 x Fischer bolt anchor FAZ M12 incl.
В	1 x absorber		washers and nuts
	(incl. centring hole)	1	7 x screws M8 x 25 8.8 galvanised
С	1 x socket	J	7 x washers 8.4 x 25 galvanised
D	2 x stainless-steel screws		
	countersunk head M10 x 20	K	Knauf UA profile 75 x 40 x 2 mm
E	4 x deformation brackets		or similar product with the same
F	2 x counterplates (2-hole)		properties
G	1 x counterplate (3-hole)		(not included in the scope of delivery)

3.3 Technical details

Installation base, components, tools, operating conditions	
Approved for Knauf systems or similar products with the same properties	W112.at, W113.at, W115.at, W116.at, W626.at, Knauf AQUAPANEL®: W382.at, W385.at, W386.at, W686.at
Test standard, permissible number of people	EN 795:2012, 1 person.
Fasteners	2 x stainlsteel screws, counters. head M10x20 4 x deformation brackets 4 x Fischer FAZ II 12/10 7 x screws M8 x 25 8.8 galvanised 7 x washers 8.4 x 25 galvanised 2 x counterplates 2-hole 1 x counterplate 3-hole
Drill	Masonry drill bit 12 mm
Screw-in depth	100 mm
Hole cutter	95 mm with centring drill 6 mm
Torque wrench	13 mm nut and 19 mm nut, Allen socket 6 mm
Tightening torques	M8: 27 Nm, M10: 20 Nm, M12: 60 Nm
Quality of the installation base (static load-bearing capacity of the structure must be guaranteed)	≥ C 20/25
Addition	Installation only on load-bearing components: Ceiling and unfinished floor
Distance from edge	≥ 55 mm
Thickness of non-load-bearing cladding (plasterboard, insulation)	2-3 layer cladding 12,5mm
Permissible load directions	Horizontal, vertical
Wall height	1,0 - 5,0 m
Maximum expected deformation due to a fall from a height	≤ 150 mm in the event of vertical load ≤ 800 mm in the event of horizontal load in the middle of the wall (wall height = 5 m)

4. MARK Secure 1 installation instructions

Drywall wall & attachment shell socket installation

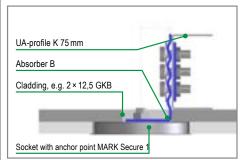
Anchor device type A according to EN 795:2012 for installation on metal stud partitions and attachment shells of types Knauf W112.at, W113.at, W115.at, W116.at and W626.at or similar products with the same properties. Use on AQUAPANEL® wall systems is also possible. Suitable for vertical and horizontal load due to a fall from height.

Maximum expected total deformation of the installation base and the anchor point due to a fall from a height: 15 cm vertical, 80 cm horizontal (in the event of a wall height of 5 m). Adjust the length of the connector based on conditions on site!

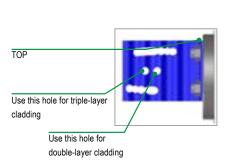
Installation:

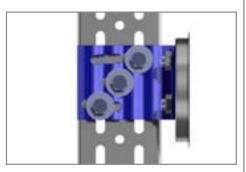
This product may only be installed as per this instruction manual. MARK Save A Life GmbH recommends it is installed by a specialist company..

Fig. Horizontal section



 The UA profile K is always placed so that its back points towards the left (see diagram). Transfer theposition of the anchor point A from the plan into reallife. The back of the UA profile K is positioned 30 mm to the right of the position of the anchor point according to the plan.





 The absorber B and the counterplate (3-hole) G must be secured to a central (circular) hole and two slots in the UA profile K (3 x I & 3 x J).

The height for installing the absorber can be adjusted in 5 cm increments (spacing of the round holes).

The top of the absorber ${\bf B}$ is marked with the imprint TOP, meaning that when it is installed correctly the centre of the absorber ${\bf B}$ is in the wall surface 30 mm to the left of the UA profile ${\bf K}$.



Push the UA profile K into the UW connection profile
on the ceiling and unfinished floor and align to be
precisely perpendicular with the back of the profile
30 mm to the right of the position of the anchor point
A according to the plan.



 Position the four deformation brackets E, each with the undulating side pointing towards the UA profile K at its upper and lower end, align the UA profile K and mark the anchor holes on the unfinished ceiling and floor (see Overview 3.1).



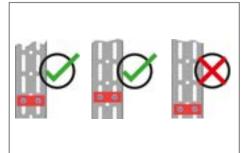
6. Clean the drilled holes and position the anchor **H** (FAZ M12).



5. Drill two anchor holes each in the unfinished ceiling and floor to a depth of 110 mm.



Insert the deformation brackets E (see Overview 3.1) and loosely tighten M12 nuts of the concrete anchors
 H. This means that the deformation brackets E can still easily be aligned to the UA profile K.



8. Align the deformation bracket E to the slots of the UA profile K, in which case the position of the M8 screws I and the counterplates F must always be selected so that it is as far as possible towards the end of the undulating side of the relevant deformation bracket E. The M8 screws I must not be inserted at the open end of the slots of the UA profile K. If open slots at the end of the UA profile K are unavoidable, then the next slot pair with closed ends must be used.



 Insert 2 screws I each at the top and bottom on the UA profile K and secure the deformation brackets E using the counterplates F with the maximum permitted torque (27 Nm).



10. Tighten the M12 nuts on the anchors **H** at the top and bottom (torque 60 Nm).



11. Prepare the first plate position, calibrate and mark the position of the absorber **B**.



12. The opening for the absorber B is cut out in the first plate position using a keyhole saw in a rectangle of approx. 70 x 45 mm, meaning that the first plate position is solidly on the substructure and can be secured. The absorber B sits flush with the reverse of the relevant ceiling cladding.

Install the first ceiling cladding layer and level out. In the event of triple-layer cladding, also cut out and install the second cladding layer as described above.



13. Adjust the relevant ceiling cladding, calibrate the centre of the absorber B (central 6 mm hole) to the correct position and mark as precisely as possible on the prepared plate. Cut out a roughly coin-sized opening at the marked position. Secure the ceiling cladding to the substructure.



14. Align the hole cutter with 6 mm guide drill with the central hole of the absorber B and cut out the hole from the ceiling cladding. When doing so, do not cut into the cladding layer(s) underneath. Remove the round cut-out and level out the wall/attachment shell.





15. Completion:

After levelling out the wall/attachment shell, insert socket **C** into the socket hole and secure anchor point **A** using the two countersunk screws **D**. The anchor point **A** is moved so that its markings are upright and the "front side" is visible on the buckle. Torque max. 20 Nm.

16. Complete the installation report and inspection report (enclosed).

Observe periodic inspections.

Observe instructions for use for MARK Secure 1 on the following pages!

5. Transport and Storage

Store and transport this product in dry conditions and protected e.g. against mechanical and chemical influences.

6. Maintenance and Cleaning

If it is stored and installed correctly and not subjected to a load, this product has an unlimited service life. The service life may decrease depending on the type of use and external influences. The product must be cleaned using water. Acidic cleaning agents must be avoided. After a fall, the anchor device must be taken out of use (see Point 8).

6.1 Repairs

Repairs (e.g. if screws are not seated securely in the installation base) may only be performed by specialist companies. Only MARK Save A Life GmbH may modify or add to the product described in this instruction manual.

6.2 Spare parts

If you need spare parts, please contact.

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4582 Spital am Pyhrn
Austria/Europe
Tel: +43 7563 8002 - 111

Fax: +43 7563 8041 - 111 mark@savealife.at www.savealife.at

7. Testing

7.1 Installation report and inspection report

The installation report and the inspection report are included in the product packaging and, if necessary, are available to download at www.savealife.a.

- Complete the installation report and inspection report carefully.
- Observe the manufacturer's information according to the instruction manual.

7.2 Visual and functional inspection

The visual and functional inspection is only valid subject to the reservation that components of the product have not been modified or altered.



1. Move buckle out of lock



2. Fold up buckle
Working position



3. Fold buckle down after use



4. Move buckle into lock

- An inspection must be carried out at least once a year by a competent person
- The visual and functional inspection requires no involvement from external testing authorities. Test loads do not need to be attached.
- CCheck that the product labels are legible.
- If the inspection indicates that it may be unsafe to continue using the product, you must not use it again under any circumstances; instead, ensure it can no longer be used (see Point 8) and replace it
- The result of this inspection must be entered in the inspection report.

The frequency of the inspection will depend on how often and how intensely the product is used, as well as on the operating environment. If the product is subjected to extremely heavy stress, the inspection must be performed more than once a year.

8. Disposal

MARK Save A Life GmbH is committed to protecting the environment. We endeavour to consider the environment when manufacturing our products and hope that our customers will use and dispose of them in an environmentally responsible manner.

8.1 When do you have to dispose of this product?

- If the visual and functional inspection has identified defects
- If the buckle will no longer engage in the lock.
- If it seems unsafe to continue using the product.
- If there is damage (tears, cracks, etc.).
- If there is deformation (e.g. caused by a fall or a heavy load).
- If it no longer complies with state-of-the-art technology.

8.2 How should you dispose of this product?

Dispose of this product in such a way that it cannot possibly be re-used (by snapping off the buckle). Dispose of this product as recyclable used metal, according to national regulations and standards.

9. Resale

This product may only be resold with the instruction manual, installation report and inspection report. The purchaser must always be given these documents in their respective official national language. This is the seller's responsibility.

10. Accidents

Activities that require use of this product can often be dangerous. There are also many potential ways of using it incorrectly and it is not possible for us to state them all here or even to come up with an exhaustive list. The information below is designed to help you avoid accidents, but is no substitute for experience, personal responsibility and knowledge, nor does it release you from your own individual risk.

- Check the application area and fall space for potential hazards before every use of this product.
- Before every use, think about how rescue measures can be carried out safely and effectively (see Point 2.1.1).
- Draw up a rescue plan that covers all rescue measures for all possible emergency situations

10.1 Suspension trauma

Suspension trauma (orthostatic shock) can occur in the event of a fall or a lengthy descent. Suspension trauma can cause lifelong health consequences and can even be fatal

10.1.1 How can you recognise suspension trauma?

- Paleness, sweating
- Initially, a rise in pulse and blood pressure
- Shortness of breath
- Impaired vision
- Dizziness, nausea
- A drop in pulse and blood pressure

- 10.1.2 What can you do to stave off suspension trauma if you need to be rescued?
- Kick one foot firmly against the other and point the toes of the bottom foot upwards.
- 10.1.3 What first aid measures can you instigate?
- Call the emergency services.
- Lower the person who needs to be rescued.
- Place the person on the floor with the upper body elevated (in a sitting or squatting position).
- Release the straps and any restricting clothing.
- Only put the person into a recumbent position slowly.
- Always pay attention to the person's circulation and breathing.
- If the affected person is no longer displaying signs of life, start resuscitation immediately.

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Installation report for MARK Secure 1

Drywall wall & attachment shell socket installation

The completed installation report for the anchor points listed below confirms that installation has been carried out properly in line with the instruction manual for the product.

Construction project:	
Component:	
Ctorovionation	
Storey/section:	
Room no.:	
Installer:	
No. of anchor points according to	plan:
Installation situation (sketch/photo	o):

Installation report for MARK Secure 1

Drywall wall & attachment shell socket installation

The completed installation report for the anchor points listed below confirms that installation has been carried out properly in line with the instruction manual for the product.

Construction project:			
0			
Component:			
Storey/section:			
Room no.:			
Installer:			
No. of anchor points according to	plan:		
Installation situation (sketch/photo	o):		

Installation	V
MARK Secure 1 construction kit supplied in full	
Instruction manual read and understood	
Unfinished floor concrete ≥ C 20/25	
Unfinished ceiling concrete ≥ C 20/25	
Distance of the drilled holes from the edge ≤ 55 mm	
Screw-in depth of the anchor ≥ 100 mm	
Drilled holes = 12 mm	
All parts of the construction kit used in full	
All screws tightened to nominal torque	
Installation carried out according to instruction manual	
Safety for use confirmed	
Installation date:	
College Marsiant annual and a second a second and a second a second and a second a second and a second and a second and a	
Client/project manager Contractor/project manager	

Name, company signature

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INSPECTION REPORT/visual inspections

Anchor point type A according to EN795:2012 MARK Secure 1 - No.: __ This product must be inspected at least once a year by a competent person, but depending on the operating environment and intensity it may need to be inspected more frequently. This inspection is only valid if the product was not been modified to be installed more frequently. The product was a fellered or subjected to temperatures < 40°C complete the importance and inspected to temperatures < 40°C complete the importance inspection report with the decimients for future effections as per the Australian Construction, book Coordination Act (BaskG).

	Initial inspection	2022	2023	2024	2025	2026	2027	2028	2029	2030	2031	2032
Installation												
1 Installation report completed (see reverse												
2 Photo documentation available												
Annual												
3 Anchor point available		_										
4 Instruction manual available												
5 Installation base solid and stable		_										
6 No corrosion can be identified on the anchor point												
7 No cracks can be seen on the anchor point		_										
8 No deformation of the anchor point can be identified		_										
9 Buckle can be opened by tapping it												
10 Buckle engages in the lock with little force												
11 All visible screws tightened to nominal torque		0										
Result of the (if points 3-11, or for the initial inspection 1-11, visual are crossed off, then 12 can be crossed off inspection here; otherwise 13)												
12 Anchor point is in perfect condition and can be used												
The anchor point is damaged or no longer working 13 properly, has been rendered inoperative (by snapping off and removing the buckle) The anchor point needs to be replaced.												
Comments:												
Inspection date: Month/year												
Next regular inspection date: Month/year												
Signature of expert inspector												

MARK Save A Life GmbH, Gleinkerau 23, 4582 Spital am Pyhrn, +43 7563 8002-111, mark@savealife.at

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Name, company signature

Making your life safer.

Subject to technical modifications. The latest version shall always apply.

We only guarantee that our materials are in perfect working order

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MARK Save A Life GmbH Gleinkerau 23 4582 Spital am Pyhrn Österreich / Europa

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